

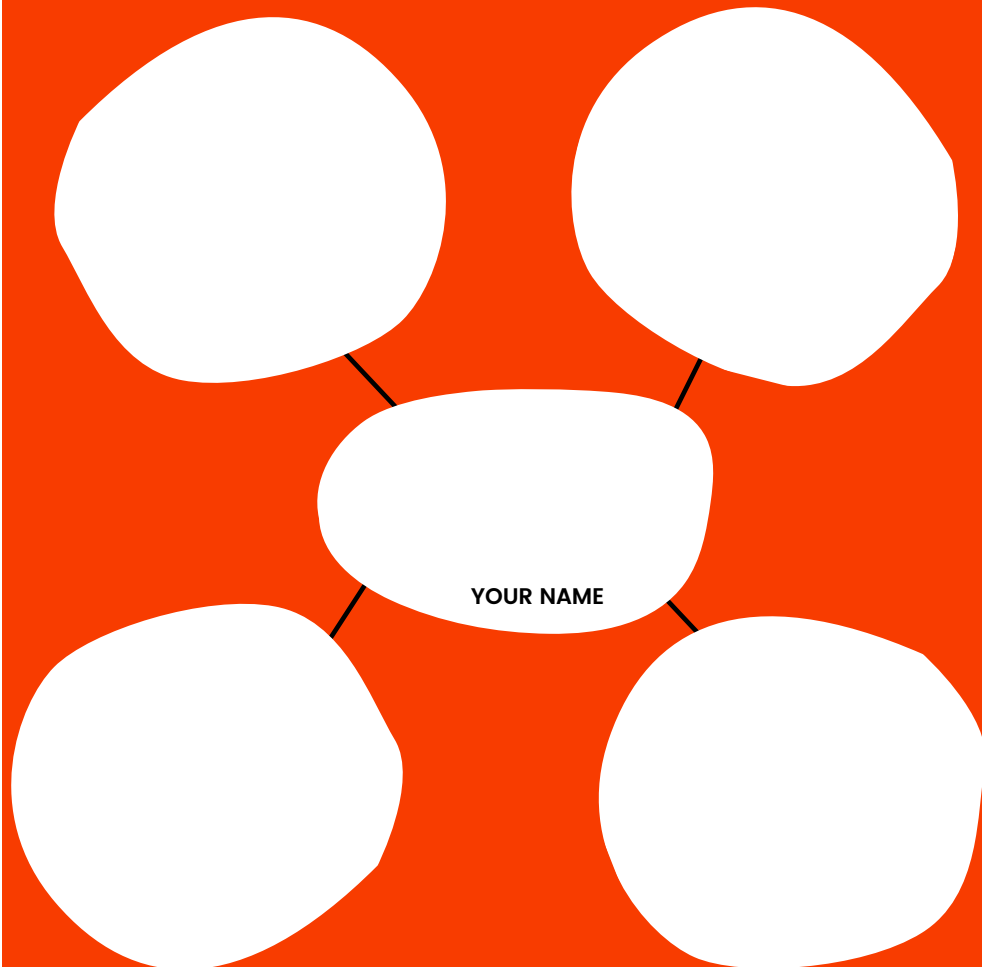
CIRCLES OF MY MULTIFACETED SELF

This activity highlights the multidimensional aspects of our identities. It addresses the importance of individuals self-defining their identities and challenging stereotypes as we get to know each other.

Part 1:

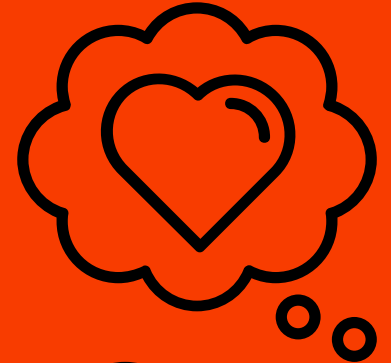
Put your name in the center circle. In each satellite circle, write an aspect of your identity- an identifier or descriptor- that you feel is important in defining you.

Examples: Asian America, girl, brother, athlete, Buddhist



Part 2:

Reflect on a time you felt excluded or disrespected in relation to one the the descriptors you included. Write one word that describes how you felt in the heart thought bubble.



Reflect on a time you felt proud or respected in relation to one the descriptors you included. Write one word that describes how you felt in the heart thought bubble.



Part 3: Name a stereotype associated with one of the descriptors you wrote down that is not consistent with who you are. Complete the following sentence:

"I am _____, but I am not _____."

Example: I am a Christian, but I am not intolerant of other beliefs.